

What is Beach Ultimate?

Beach Ultimate is a spin-off from grass ultimate much like Beach Volley is a spin-off from normal Volleyball. Grass Ultimate has an estimated 100,000+ players in over 50 countries and was one of the sports at the 2009 World Games in Kaohsiung, Taiwan.

Beach Ultimate has seen a tremendous growth in the last 4 years with over 100 tournaments worldwide. The most popular tournament, which is held annually in Italy, currently draws 1500+ players.

The game is played by both men and women and is a mix between rugby, soccer, Beach Volley, and basketball. A team consists of 5 players on the field (unlimited substitutes) and is played with a flying disc (Frisbee) instead of a ball. The objective is to score the maximum number of points by catching the disc in the endzone of the opponent.

The players on the team that is on offence throw the disc from one to another. When one of them catches the disc, he/she should establish a pivot foot (much like in basketball) and throw the disc to a team-mate within ten seconds. The team on defence tries to stop the offence from catching the disc in the endzone.

The simplicity of the game and Fair-Play spirit of the players makes it possible to have an exciting game without referees. Beach Ultimate relies upon a spirit of sportsmanship that places the responsibility for fair play on the players themselves. It is assumed that no Beach Ultimate player will intentionally violate the rules; there are no harsh penalties for inadvertent infractions but, rather, a method for resuming play in a manner that simulates what would most likely have occurred had there been no infraction. For more information about Beach Ultimate visit: www.beachultimate.org